

QWA State Masters in conjunction with NQ Games

Results Summary

03 May 2024 to 05 May 2024

Cairns



AUSTRALIAN WEIGHTLIFTING FEDERATION INC.
ABN 73 150 873 587
Anna Meares Velodrome - Sleeman Sports Complex
1763 Old Cleveland Road, Chandler QLD AUSTRALIA 4155
Mob: +61 417 744 981
E-mail: office@awf.com.au
Internet: www.awf.com.au

Session 1

Lifter	Club	YOB	Bwt	Snatch attempts			CJ attempts			Sn	CJ	Total
F55												
Julie Davis	NBWA	1952	54.45	23	25	26	30	32	34	26	34	60 2
F59												
Diana Loy	---	1965	58.35	28	33	35	52	56	58	35	58	93 3
F71												
Marian Wright	MWC	1969	68.85	48	50	53	60	63	65	53	65	118 1
Linda Skerman	NBWA	1965	67.95	30	33	35	45	48	50	35	50	85 4
Meg Emerton	CWC	1953	66.25	34	36	37	44	46	48	37	46	83 1
F87												
Sandra Branson	STWC	1967	86.30	37	40	42	47	50	53	42	53	95 2

Referees Deborah Mildren QLD (STATE) Telia Tonkin QLD (STATE)/Debra Keelan QLD (INT I) Lynette Thompson QLD (CLUB)/James Mildren QLD (NAT)

Jury

Tech Controller

MC Rawena Tairi QLD (INT I)

Timekeeper Marianna Toller QLD (STATE)

Marshall Taylee Todd QLD (NONE)

Doctor

*State records can be claimed in this session. *National records can be claimed in this session.

Session 2

Lifter	Club	YOB	Bwt	Snatch attempts			CJ attempts			Sn	CJ	Total	SHMF 55+	65+	70+
M81															
Michael Riggall	MWC	1965	79.65	54	57	60	63	67	-70	60	67	127	1	1	1
M89															
Bruce Wedmaier	DUN	1956	85.45	40	44	-48	50	55	60	44	60	104	2	2	2
Alexander Croot	MWC	1952	84.75	37	40	43	47	50	53	43	53	96	1	1	1
M96															
Geoffrey Wright	DUN	1956	91.60	42	46	-49	65	-68	71	46	71	117	1	1	1
John Hanlon	SSS	1966	90.00	52	52	-55	60	63	-66	52	63	115	2	2	2
M102															
James Mildren	DUN	1967	96.80	70	74	81	90	94	101	81	101	182			
M109															
Peter Foster	SSS	1967	107.95	74	78	82	80	87	-92	82	87	169			

Referees Julie Davis QLD (INT I) Ben Trousdell QLD (CLUB)/Debra Keelan QLD (INT I) Penny Tudberry QLD (STATE)

Jury

Tech Controller Rachel Mc Ewan QLD (CLUB)

MC Rawena Tairi QLD (INT I)

Timekeeper Lynette Thompson QLD (CLUB)

Marshall Taylee Todd QLD (NONE)

Doctor

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Session 3

Lifter	Club	YOB	Bwt	Snatch attempts			CJ attempts			Sn	CJ	Total	SHMF 45+	50+
F71														
Marianna Toller	DUN	1977	65.95	52	56	56	66	69	72	56	72	128	1	1
Christine Baber	CWC	1977	70.05	48	48	54	60	63	66	48	66	114	2	2
Malgorzata Soroka	---	1973	66.00	45	48	50	55	59	62	48	62	110	2	2
F87														
Althea Mackie	BUBC	1970	84.50	47	50	52	59	62	65	50	65	115	1	1
Rebecca Wright	BAR	1975	86.80	30	32	34	40	41	42	34	42	76	3	3
F87+														
Libby Macdonald	STWC	1972	106.65	32	35	37	57	60	63	37	63	100	3	3
Telia Tonkin	NBWA	1976	91.70	27	30	33	35	37	40	33	40	73	4	4
Lee-Anne Spinks	BAR	1973	96.60	26	28	30	36	38	41	30	41	71	4	4

Referees John Hanlon QLD (INT I) Deborah Mildren QLD (STATE) Sandra Branson QLD (STATE)

Jury

Tech Controller

MC Rawena Tairi QLD (INT I)

Timekeeper Julie Davis QLD (INT I)

Marshall Alexander Croot QLD (INT I)

Doctor

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Session 4

Lifter	Club	YOB	Bwt	Snatch attempts			CJ attempts			Sn	CJ	Total	SHMF 40+	45+	50+
M73															
Darrel Naude	---	1979	70.35	84	89	91	112	117	120	91	120	211	1	1	1
M81															
Nathan Holsgrove	---	1984	80.15	70	75	80	105	109	115	80	115	195	3	3	3
Tinkham	BEBC	1975	80.00	35	40	42	52	55	60	42	60	102	2	2	2
M96															
Malcolm Wright	DUN	1983	91.15	100	105	140	124	130	135	105	135	240	2	2	2
M102															
Gerard Nelson	SSS	1972	96.90	77	77	80	92	97	102	77	102	179	1	1	1
M109															
Ignatius Papenga	SSS	1980	104.20	103	107	112	130	135	145	112	135	247	1	1	1
Jarrad Mccarthy	SCWC	1983	103.75	76	80	83	96	100	103	83	103	186	4	4	4

Referees Alexander Croot QLD (INT I) Julie Davis QLD (INT I) Deborah Mildren QLD (STATE)

Jury

Tech Controller Malgorzata Soroka QLD (NAT)

MC Debra Keelan QLD (INT I) **Timekeeper** John Hanlon QLD (INT I)

Marshall Lynette Thompson QLD (CLUB) **Doctor**

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Session 5

Lifter	Club	YOB	Bwt	Snatch attempts			CJ attempts			Sn	CJ	Total	SHMF 35+	40+
F64														
Rachel Mc Ewan	---	1983	62.40	53	56	56	66	70	74	56	70	126	2	2
F71														
Penny Tudberry	DUN	1981	65.70	68	71	74	83	87	90	71	87	158	1	1
F76														
Renate Wool	DUN	1987	73.00	50	53	55	61	63	66	53	63	116	3	3
Amy Goodwin	IWC	1982	71.10	41	44	47	59	62	65	47	62	109	3	3
Melanie Fenwick	IWC	1989	71.35	48	48	50	0	0	0	0	0	0		
F81														
Ellyse Sheridan	BAR	1987	77.60	40	42	45	52	55	58	42	55	97	4	4
F87														
Jacquie Kendall	STWC	1983	84.45	32	35	38	43	47	51	35	47	82	5	5
F87+														
Charlene Kroesen	IWC	1986	98.00	55	59	60	70	75	80	60	75	135	1	1
Lynette Thompson	DUN	1988	92.90	53	55	58	63	66	70	58	66	124	2	2
Sarah Nash	DUN	1998	87.55	40	43	43	52	55	59	43	59	102	--	--
Caroline Jones	UWC	1984	105.20	36	38	40	50	52	54	38	54	92	4	4

Referees Laura Abrey QLD (CLUB)/Malgorzata Soroka QLD (NAT) Sandra Branson QLD (STATE) Jarrad Mccarthy QLD (CLUB)/Debra Keelan QLD (INT I)

Jury

Tech Controller Alexander Croot QLD (INT I)

MC Rawena Tairi QLD (INT I)

Timekeeper John Hanlon QLD (INT I)

Marshall Deborah Mildren QLD (STATE)

Doctor

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Session 6

Lifter	Club	YOB	Bwt	Snatch attempts			CJ attempts			Sn	CJ	Total	SHMF U23	35+
M61														
David Futo	MWC	1993	57.90	58	62	66	77	81	85	66	81	147	2	2
M73														
David Gilpatrick	TBAR	1988	73.00	90	90	95	115	148	149	95	115	210	4	4
M89														
Justin Connor	BUBC	1985	88.10	85	95	101	110	130	137	101	137	238	3	3
M96														
Lloyd Wright	---	1986	92.20	98	104	108	128	132	136	108	132	240	1	1
Ben Trousdell	UWC	1986	95.85	102	105	108	125	131	0	108	131	239	2	2
Kaleb Schefe	STWC	1994	93.95	75	80	85	100	105	110	80	110	190	1	1
James Crisostomo	DUN	1985	89.95	70	75	80	100	104	107	80	104	184	5	5
Daniel Robinson	DUN	1989	93.15	77	80	81	95	101	105	81	101	182	6	6
Daniel Grace	TBAR	1987	94.70	60	65	65	75	82	82	60	82	142	7	7
M102														
Mitchell Wakelin	---	2002	100.55	80	87	91	105	115	122	91	122	213	1	--

Referees John Hanlon QLD (INT I) Deborah Mildren QLD (STATE) Jarrad Mccarthy QLD (CLUB)/Debra Keelan QLD (INT I)

Jury

Tech Controller

MC Rawena Tairi QLD (INT I)

Timekeeper Malgorzata Soroka QLD (NAT)

Marshall Alexander Croot QLD (INT I)

Doctor

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Session 7

Lifter	Club	YOB	Bwt	Snatch attempts			CJ attempts			Sn	CJ	Total	Sinclair	SEN	JUN
F55															
Karli Duesbury-Marek	BWC	1995	55.00	68	71	73	87	90	93	71	90	161	NQ	1	
F71															
Rochelle Kay	NBWA	1992	65.65	54	58	60	66	70	71	60	66	126	2	2	
Taylah Smith	DUN	2004	69.20	50	52	54	65	68	71	54	68	122	1	1	
F87+															
Emily Upton	MWC	1992	94.60	54	57	59	67	70	72	59	72	131	1	1	
Isabel O'Callaghan	UWC	1991	91.15	48	50	52	61	64	70	52	70	122	3	3	
Taylee Todd	DUN	1993	108.90	40	45	48	53	56	57	45	57	102	4	4	
Laura Abrey	STWC	1992	105.85	35	35	40	43	46	48	35	46	81	5	5	

Referees Althea Mackie QLD (INT II) Alexander Croot QLD (INT I) Ignatius Papenga QLD (CLUB)

Jury

Tech Controller

MC Rawena Tairi QLD (INT I) **Timekeeper** Deborah Mildren QLD (STATE)

Marshall John Hanlon QLD (INT I) **Doctor**

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Sinclair Ranking

Men		
Rank	Name	Score
1	Darrel Naude	291.07
2	Justin Connor	289.13
3	Malcolm Wright	286.80
4	Lloyd Wright	285.26
5	David Gilpatrick	283.08
6	Ben Trousdell	279.11
7	Ignatius Papenga	278.62
8	Nathan Holsgrove	248.93
9	Mitchell Wakelin	243.72
10	David Futo	232.25
11	Kaleb Schefe	223.89
12	James Crisostomo	221.27
13	Daniel Robinson	215.30
14	James Mildren	211.63
15	Jarrad Mccarthy	210.17
16	Gerard Nelson	208.05
17	Peter Foster	188.11
18	Daniel Grace	166.73
19	Michael Riggall	162.68
20	Geoffrey Wright	139.49
21	John Hanlon	138.26
22	Tinkham Vongphrachanh	130.34
23	Bruce Wedmaier	128.30
24	Alexander Croot	118.94

Women		
Rank	Name	Score
1	Karli Duesbury-Marek	231.05
2	Penny Tudberry	202.29
3	Rachel Mc Ewan	166.38
4	Marianna Toller	163.52
5	Rochelle Kay	161.39
6	Taylah Smith	151.70
7	Marian Wright	147.13
8	Charlene Kroesen	144.69
9	Emily Upton	142.00
10	Christine Baber	140.82
11	Malgorzata Soroka	140.46
12	Renate Wool	140.23
13	Lynette Thompson	135.24
14	Isabel O'Callaghan	133.95
15	Amy Goodwin	133.58
16	Althea Mackie	129.98
17	Diana Loy	128.18
18	Ellyse Sheridan	113.81
19	Sarah Nash	113.68
20	Linda Skerman	106.76
21	Sandra Branson	106.47
22	Taylee Todd	106.23
23	Meg Emerton	105.75
24	Libby Macdonald	104.68
25	Caroline Jones	96.64
26	Jacquie Kendall	92.71
27	Julie Davis	86.72
28	Rebecca Wright	84.98
29	Laura Abrey	84.95
30	Telia Tonkin	79.98
31	Lee-Anne Spinks	76.44
32	Melanie Fenwick	0.00

Masters SMF Ranking

Men		
Rank	Name	SMF Score
1	Darrel Naude	350.16
2	Ignatius Papenga	331.28
3	Malcolm Wright	329.53
4	Justin Connor	324.40
5	Lloyd Wright	316.35
6	Ben Trousdell	309.54
7	David Gilpatrick	306.58
8	James Mildren	304.11
9	Nathan Holsgrove	282.53
10	Gerard Nelson	273.79
11	Peter Foster	270.31
12	James Crisostomo	248.27
13	Geoffrey Wright	248.15
14	Michael Riggall	242.07
15	Jarrad Mccarthy	241.48
16	Alexander Croot	232.28
17	Daniel Robinson	230.80
18	Bruce Wedmaier	228.25
19	John Hanlon	202.13
20	Daniel Grace	182.73
21	Tinkham Vongphrachanh	164.62

Women		
Rank	Name	SMF Score
1	Penny Tudberry	240.12
2	Meg Emerton	224.20
3	Marian Wright	221.73
4	Diana Loy	213.43
5	Marianna Toller	206.85
6	Malgorzata Soroka	192.29
7	Rachel Mc Ewan	191.83
8	Althea Mackie	191.08
9	Julie Davis	187.57
10	Christine Baber	178.13
11	Linda Skerman	177.75
12	Sandra Branson	168.76
13	Charlene Kroesen	160.61
14	Amy Goodwin	156.28
15	Renate Wool	153.83
16	Libby Macdonald	146.66
17	Lynette Thompson	146.60
18	Ellyse Sheridan	124.85
19	Rebecca Wright	111.58
20	Caroline Jones	109.98
21	Jacquie Kendall	106.89
22	Lee-Anne Spinks	104.65
23	Telia Tonkin	103.01
24	Melanie Fenwick	0.00

Records Broken

Lifter	Bwt Cat	Age Group	Record Level	Record Type	New Record
Darrel Naude	M73	Mast 45-49	QLD	SNATCH	91kg
Darrel Naude	M73	Mast 45-49	QLD	CJ	120kg
Darrel Naude	M73	Mast 45-49	QLD	TOTAL	211kg
David Gilpatrick	M73	Mast 35-39	AWF	SNATCH	95kg
David Gilpatrick	M73	Mast 35-39	AWF	CJ	115kg
David Gilpatrick	M73	Mast 35-39	AWF	TOTAL	210kg
Diana Loy	F60	Mast 55-59	AWF	CJ	58kg
Diana Loy	F60	Mast 55-59	AWF	TOTAL	93kg
Geoffrey Wright	M98	Mast 65-69	QLD	CJ	71kg
Ignatius Papenga	M109	Mast 40-44	QLD	SNATCH	112kg
James Mildren	M98	Mast 55-59	QLD	SNATCH	81kg
James Mildren	M98	Mast 55-59	QLD	CJ	101kg
James Mildren	M98	Mast 55-59	QLD	TOTAL	182kg
Julie Davis	F55	Mast 70-74	AWF	SNATCH	26kg
Julie Davis	F55	Mast 70-74	AWF	CJ	34kg
Julie Davis	F55	Mast 70-74	AWF	TOTAL	60kg
Malcolm Wright	M98	Mast 40-44	AWF	SNATCH	105kg
Malcolm Wright	M98	Mast 40-44	AWF	CJ	135kg
Malcolm Wright	M98	Mast 40-44	AWF	TOTAL	240kg
Marian Wright	F73	Mast 55-59	AWF	SNATCH	53kg
Marian Wright	F73	Mast 55-59	QLD	SNATCH	53kg
Marian Wright	F73	Mast 55-59	AWF	CJ	65kg
Marian Wright	F73	Mast 55-59	QLD	CJ	65kg
Marian Wright	F73	Mast 55-59	AWF	TOTAL	118kg
Marian Wright	F73	Mast 55-59	QLD	TOTAL	118kg
Meg Emerton	F73	Mast 70-74	AWF	SNATCH	37kg
Meg Emerton	F73	Mast 70-74	AWF	CJ	46kg
Meg Emerton	F73	Mast 70-74	AWF	TOTAL	83kg
Peter Foster	M109	Mast 55-59	AWF	SNATCH	82kg
Sandra Branson	F87	Mast 55-59	AWF	SNATCH	42kg

Personal Bests

Lifter	State	Lift	Previous PB	New PB	Increase
Alexander Croot	QLD	SNATCH	42kg	43kg	1kg
Alexander Croot	QLD	CJ	52kg	53kg	1kg
Alexander Croot	QLD	TOTAL	94kg	96kg	2kg
Amy Goodwin	QLD	SNATCH	45kg	47kg	2kg
Amy Goodwin	QLD	TOTAL	108kg	109kg	1kg
Ben Trousdell	QLD	SNATCH	106kg	108kg	2kg
Ben Trousdell	QLD	CJ	121kg	131kg	10kg
Ben Trousdell	QLD	TOTAL	226kg	239kg	13kg
Bruce Wedmaier	QLD	SNATCH	42kg	44kg	2kg
Bruce Wedmaier	QLD	CJ	55kg	60kg	5kg
Bruce Wedmaier	QLD	TOTAL	97kg	104kg	7kg
Caroline Jones	QLD	CJ	53kg	54kg	1kg
Caroline Jones	QLD	TOTAL	91kg	92kg	1kg
Christine Baber	QLD	CJ	65kg	66kg	1kg
Daniel Grace	QLD	CJ	80kg	82kg	2kg
Daniel Robinson	QLD	SNATCH	80kg	81kg	1kg
Daniel Robinson	QLD	TOTAL	180kg	182kg	2kg
Darrel Naude	QLD	SNATCH	87kg	91kg	4kg
Darrel Naude	QLD	CJ	115kg	120kg	5kg
Darrel Naude	QLD	TOTAL	200kg	211kg	11kg
Emily Upton	QLD	SNATCH	54kg	59kg	5kg
Emily Upton	QLD	CJ	66kg	72kg	6kg
Emily Upton	QLD	TOTAL	120kg	131kg	11kg
Geoffrey Wright	QLD	CJ	65kg	71kg	6kg
Geoffrey Wright	QLD	TOTAL	113kg	117kg	4kg
Ignatius Papenga	QLD	SNATCH	110kg	112kg	2kg
Isabel O'Callaghan	QLD	SNATCH	50kg	52kg	2kg
Isabel O'Callaghan	QLD	CJ	61kg	70kg	9kg
Isabel O'Callaghan	QLD	TOTAL	111kg	122kg	11kg
Kaleb Schefe	QLD	SNATCH	75kg	80kg	5kg
Kaleb Schefe	QLD	CJ	105kg	110kg	5kg
Kaleb Schefe	QLD	TOTAL	180kg	190kg	10kg
Laura Abrey	QLD	CJ	45kg	46kg	1kg
Laura Abrey	QLD	TOTAL	80kg	81kg	1kg
Libby Macdonald	QLD	SNATCH	36kg	37kg	1kg
Libby Macdonald	QLD	CJ	62kg	63kg	1kg
Libby Macdonald	QLD	TOTAL	98kg	100kg	2kg
Lloyd Wright	QLD	SNATCH	105kg	108kg	3kg
Lloyd Wright	QLD	CJ	130kg	132kg	2kg

Australian Weightlifting Federation Results Book - QWA State Masters in conjunction with NQ Games

Lloyd Wright	QLD	TOTAL	235kg	240kg	5kg
Lynette Thompson	QLD	SNATCH	50kg	58kg	8kg
Lynette Thompson	QLD	CJ	60kg	66kg	6kg
Lynette Thompson	QLD	TOTAL	110kg	124kg	14kg
Malcolm Wright	QLD	CJ	133kg	135kg	2kg
Michael Riggall	QLD	SNATCH	53kg	60kg	7kg
Michael Riggall	QLD	TOTAL	123kg	127kg	4kg
Nathan Holsgrove	QLD	SNATCH	70kg	80kg	10kg
Nathan Holsgrove	QLD	CJ	107kg	115kg	8kg
Nathan Holsgrove	QLD	TOTAL	177kg	195kg	18kg
Rochelle Kay	QLD	SNATCH	57kg	60kg	3kg
Sarah Nash	QLD	CJ	58kg	59kg	1kg
Taylah Smith	QLD	SNATCH	47kg	54kg	7kg
Taylah Smith	QLD	CJ	60kg	68kg	8kg
Taylah Smith	QLD	TOTAL	107kg	122kg	15kg
Taylee Todd	QLD	SNATCH	44kg	45kg	1kg
Taylee Todd	QLD	CJ	56kg	57kg	1kg
Taylee Todd	QLD	TOTAL	100kg	102kg	2kg
Tinkham Vongphrachanh	QLD	SNATCH	40kg	42kg	2kg
Tinkham Vongphrachanh	QLD	CJ	55kg	60kg	5kg
Tinkham Vongphrachanh	QLD	TOTAL	95kg	102kg	7kg